

2023 All-League Awards (Outdoor Track & Field)

Girls

Event	1st Team	2nd Team	3rd Team
100m	Jayda Solomon - Newark	Ashlyn Rattray - Clyde-Savannah	Kendall Parker – Dundee/Bradford
200m	Ashlyn Rattray - Clyde-Savannah	Jayda Solomon - Newark	Gwen Tompkins - NRW
400m	Haley Connor-Gananda	Ashlyn Rattray - Clyde-Savannah	Alyssa Crance - Midlakes
800m	Meah Prutzman - Gananda	Katelyn Wilkes - Midlakes	Gwen Hass – Red Creek
1500m	Meah Prutzman - Gananda	Katelyn Wilkes - Midlakes	Aurora Woodworth – Marcus Whitman
3000m	Katelyn Wilkes - Midlakes	Tea Malone-Bonacci - HAC	Hannah Governor - Williamson
100m Hurdles	Sophia Barclay - Pal-Mac	Anneliese Hubbard – South Seneca/Romulus	Gwen Tompkins - NRW
400m Hurdles	Sophia Barclay - Pal-Mac	Madelyn Vance - Wayne	Brianna Holmes - Gananda
2000m Steeplechase	Katelyn Wilkes - Midlakes	Aurora Woodworth – Marcus Whitman	Kylie Paylor - Clyde Savannah

High Jump	Morgan Thompkins - Red Creek	Madyson Storey – Williamson	Anna Verdine - Newark
Pole Vault	Emma Robinson - Pal-Mac	Alyssa Bailey - Bloomfield-Honeoye Charlotte Sanson-Pal - Mac	Grace Holmes - Newark
Long Jump	Jayda Solomon - Newark	Elizabeth Brandt - Williamson	Kianna Naval - Midlakes
Triple Jump	Lily Hall - Dundee-Bradford	Kianna Naval - Midlakes	Elizabeth Brandt - Williamson
Shot Put	Julia VanLare - Williamson	Emma Robinson – Pal-Mac	Cynthia Kriegar – Penn Yan
Discus	Emma Robinson – Pal-Mac	Hailey Barber - Midlakes	Norah Keeney - Wayne
Pentathlon	Morgan Thompkins - Red Creek	Sophia Barclay - Pal-Mac	Madison Secor - Clyde Savannah
4x100m Relay	Williamson	Clyde - Savannah	Wayne
4x400m Relay	Gananda	Midlakes	Wayne
4x800m Relay	Midlakes	Wayne	Marcus Whitman

Updated 6-5-23

Boys

Event	1st Team	2nd Team	3rd Team
100m	Manuel Sepulvea -East Rochester	Jalen McCoy - East Rochester	Mateo Sloan - Pal-Mac
200m	Jalen McCoy - East Rochester	Manuel Sepulvea -East Rochester	Mateo Sloan - Pal-Mac
400m	Jalen McCoy - East Rochester	Michael Prentice - Wayne	Nikolas Wheeler South Seneca-Romulus
800m	Zachary Rozelle - Midlakes	Evan Miller – Bloomfield/Honeoye	Quillan Shimp - Clyde - Savannah
1600m	Oliver Simmons - HAC	James Tette - Penn Yan	Griffin Brown - Geneva
3200m	James Tette - Penn Yan	Tristan Hagel - Geneva	Fletcher Dickmann – Marcus Whitman
110m Hurdles	Dominick Wilson - Newark	Jacen Mitchell - East Rochester	Quillan Shimp - Clyde - Savannah
400m Hurdles	Sam Belmont - Williamson	Ian Johnson - Wayne	Jacen Mitchell - East Rochester
3000m Steeplechas e	James Tette - Penn Yan	Brendan Laity – Marcus Whitman	Michael Ciripompa - Marion

High Jump	Logan Buchanan - Dundee-Bradford	Kaden Hughes - Newark	Zachary Rozelle – Midlakes Hayden Erick - Dundee-Bradford Aiden Bryant – Midlakes
Pole Vault	Ethan Welch - Marion	Oren Welch - Marion	Daniel Nemitz – Marcus Whitman
Long Jump	Kaden Hughes - Newark	Manuel Sepulvea -East Rochester	Aiden Bryant – Midlakes
Triple Jump	Aiden Bryant – Midlakes	Gilbert Seager - NRW	Hayden Erick - Dundee-Bradford
Shot Put	Tyler Lantrip - Midlakes	Manuel Sepulvea -East Rochester	Riley Teeter – Dundee- Bradford
Discus	Riley Teeter – Dundee- Bradford	Gabe Levin - HAC	Anthony Sciallo – Penn Yan
Pentathlon	Quillan Shimp - Clyde - Savannah	Aiden VanAmburg - Clyde - Savannah	Harlan Novy-Marx - HAC
4x100m Relay	East Rochester	Newark	Wayne
4x400m Relay	Wayne	Bloomfield-Honeoye	Williamson
4x800m Relay	Clyde-Savannah	Wayne	HAC

Updated 6-5-23