

**WAYNE – FINGER LAKES
TRACK & FIELD
JV STANDARDS**

Athletes are not allowed to enter any event in which they have met the performance standard.

EVENT	BOYS	GIRLS
100m	12.24	13.74
200m	24.94	28.84
400m	56.14	1:07.64
800m	2:14.44	2:42.94
1600m / 1500m	5:06.74	5:52.24
3200m / 3000m	11:31.44	13:00.24
110H / 100H	20.04	19.54
400H	1:09.84	1:20.24
Shot Put	34'6	25'10
Discus	97'0	68'2
Long Jump	18'0	14'2
Triple Jump	35'0	29'0
High Jump	5'1	4'4
Pole Vault	10'6	8'0
Steeplechase	Open entry	Open Entry