

WAYNE-FINGER LAKES TRACK & FIELD 2020 JV/MODIFIED ORDER OF EVENTS

Field Events Entry Limitations

JV –3 Boys/3 Girls per Field Event

Modified – 5 Boys/5 Girls per Field Event

Event Guidelines

Steeplechase will only be contested if we have 5+ entries

JV 3200m/3000m can be run together

JV/Mod may be combined in the 1500m/1600m if entries are low

Pole Vault will be contested coed and begin competition by 5:00pm

JV/Mod will be combined for High Jump

**Shot Put and Discus will be contested in flights. Modified flights will compete 1st
followed by JV flights.**

Long Jump and Triple Jump will be contested in open pits.

Long Jump will be allowed 1 hour

Triple Jump will be allowed 45 minutes

Warm-up time between Jumps will be 15 minutes

Wednesday April 15th @ Red Creek - Modified Only

Friday April 17th @ Red Jacket / Waterloo - Modified Only

B 55m Hurdles 33"

G 55m Hurdles 30"

B/G 200m

B 1600m

G 1500m

B/G 100m

B/G 400m

B/G 200m Hurdles

B/G 800m

B/G 4x200m Relay

B/G 4x100m Relay

B/G Shot Put

G/B Discus

B/G High Jump

Long Jump/Triple Jump

Pit 1 – B Long Jump/Triple Jump

Pit 2 – G Long Jump/Triple Jump

Long Jump/Triple Jump @ RJ

G/B Long Jump/Triple Jump

Thursday April 22th @ Wayne / Williamson / Clyde-Savannah - Modified Only

B 55m Hurdles 33"

G 55m Hurdles 30"

B/G 200m

B 1600m

G 1500m

B/G 100m

B/G 400m

B/G 200m Hurdles

B/G 800m

B/G 4x200m Relay

B/G 4x100m Relay

B/G Shot Put

G/B Discus

B/G High Jump

Long Jump/Triple Jump

Pit 1 – B Long Jump/Triple Jump

Pit 2 – G Long Jump/Triple Jump

Thursday April 30th @ Dundee / Lyons

B 3000m Steeplechase (Varsity all-comer)

G 2000m Steeplechase (Varsity all-comer)

B 110m Hurdles (JV)

G 100m Hurdles (JV)

B 55m Hurdles 33" (Mod)

G 55m Hurdles 30" (Mod)

B/G 200m (JV, Mod)

B 1600m (Mod)

G 1500m (Mod)

B/G 100m (JV, Mod)

B/G 400m (Mod)

B/G 200m Hurdles (Mod)

B/G 800m (JV, Mod)

B/G 4x200m Relay (Mod)

B/G 4x100m Relay (JV, Mod)

B/G Shot Put

G/B Discus

B/G High Jump

Coed Pole Vault (JV only)

Long Jump/Triple Jump

Pit 1 – B Long Jump/Triple Jump

Pit 2 – G Long Jump/Triple Jump

Thursday April 30th @ Gananda

B 110m Hurdles (JV)
G 100m Hurdles (JV)
B 55m Hurdles 33" (Mod)
G 55m Hurdles 30" (Mod)
B/G 200m (JV,Mod)
B 1600m (JV, Mod)
G 1500m (JV, Mod)
B/G 100m (JV, Mod)
B/G 400m (Mod)
B/G 200m Hurdles (Mod)
B/G 800m (JV,Mod)
B/G 4x200m Relay (Mod)
B/G 4x100m Relay (JV, Mod)

B/G Shot Put
G/B Discus
B/G High Jump
Coed Pole Vault (JV only)
Long Jump/Triple Jump
Pit 1 – B Long Jump/Triple Jump
Pit 2 – G Long Jump/Triple Jump

Thursday May 7th @ Marcus Whitman / Marion

B 3000m Steeplechase (Varsity all-comer)
G 2000m Steeplechase (Varsity all-comer)
B 110m Hurdles (JV)
G 100m Hurdles (JV)
B 55m Hurdles 33" (Mod)
G 55m Hurdles 30" (Mod)
B/G 200m (JV,Mod)
B 1600m (Mod)
G 1500m (Mod)
B/G 100m (JV, Mod)
B/G 400m (Mod)
B/G 200m Hurdles (Mod)
B/G 800m (JV,Mod)
B/G 4x200m Relay (Mod)
B/G 4x100m Relay (JV, Mod)

B/G Shot Put
G/B Discus
B/G High Jump
Coed Pole Vault (JV only)
Long Jump/Triple Jump
Pit 1 – B Long Jump/Triple Jump
Pit 2 – G Long Jump/Triple Jump

Thursday May 7th @ Midlakes

B/G 3200/3000m (JV)
B 110m Hurdles (JV)
G 100m Hurdles (JV)
B 55m Hurdles 33" (Mod)
G 55m Hurdles 30" (Mod)
B/G 200m (JV,Mod)
B 1600m (Mod)
G 1500m (Mod)
B/G 100m (JV, Mod)
B/G 400m (Mod)
B/G 200m Hurdles (Mod)
B/G 800m (JV,Mod)
B/G 4x200m Relay (Mod)
B/G 4x100m Relay (JV, Mod)

B/G Shot Put
G/B Discus
B/G High Jump
Coed Pole Vault (JV only)
Long Jump/Triple Jump
Pit 1 – B Long Jump/Triple Jump
Pit 2 – G Long Jump/Triple Jump

Monday May 11th @ Mynderse / Newark / NR-W - Modified Only

B 55m Hurdles 33"

G 55m Hurdles 30"

B/G 200m

B 1600m

G 1500m

B/G 100m

B/G 400m

B/G 200m Hurdles

B/G 800m

B/G 4x200m Relay

B/G 4x100m Relay

B/G Shot Put

G/B Discus

B/G High Jump

Long Jump / Triple Jump

Pit 1 – B Long Jump/Triple Jump

Pit 2 – G Long Jump/Triple Jump

Thursday May 14th @ Penn Yan / Red Creek

3000m Steeplechase (Varsity all-comer)

2000m Steeplechase (Varsity all-comer)

B 55m Hurdles 33"

G 55m Hurdles 30"

B/G 200m (Mod)

B 1600m (JV, Mod)

G 1500m (JV, Mod)

B/G 100m (JV, Mod)

B/G 400m (JV, Mod)

B/G 400m Hurdles (JV)

B/G 200m Hurdles (Mod)

B/G 800m (Mod)

B/G 4x200m Relay (Mod)

B/G 4x100m Relay (JV, Mod)

G/B Shot Put

B/G Discus

G/B High Jump

Coed Pole Vault (JV only)

Pit 1 – B Triple Jump/Long Jump

Pit 2 – G Triple Jump/Long Jump

Thursday May 14th @ Pal-Mac

B 3200m (JV)

G 3000m (JV)

B 55m Hurdles 33" (Mod)

G 55m Hurdles 30" (Mod)

B/G 200m (Mod)

B 1600m (JV, Mod)

G 1500m (JV, Mod)

B/G 100m (JV, Mod)

B/G 400m (JV, Mod)

B/G 400m Hurdles (JV)

B/G 200m Hurdles (Mod)

B/G 800m (Mod)

B/G 4x200m Relay (Mod)

B/G 4x100m Relay (JV, Mod)

G/B Shot Put

B/G Discus

G/B High Jump

Pit 1 – B Triple Jump/Long Jump

Pit 2 – G Triple Jump/Long Jump

Coed Pole Vault (JV only)