

W-FL League Meet Entry Procedures

1. **All entries for Varsity and JV/Mod regular season meets are due to yentiming by 7:00pm the night before the meet.**
2. **Regular Season Entry Limits**
 - a. **Varsity - 5 B/G per event, A/B Relays per event. No exhibitions.**
 - b. **JV/Mod - Track is unlimited, Field Events - 3JV, 5Mod recommended or 8 total per gender. 2 relays per gender**
 - c. **Mod - Track is unlimited, Field is 5 per gender, 2 relays per gender**
 - d. **Relay Entries:**
 - i. **You do not need to declare names for regular league meets**
 - e. **All “A” Relay Teams will be seeded ahead of any “B” Relay teams that are entered for Varsity meets.**
3. **Host schools will be emailed the program and field sheets prior to the meet. Email the program to visiting coaches.**
4. **The Starter/Clerk needs a copy of the program. Make sure you have field event score sheets ready for the officials.**
5. **For Varsity Meets you will be allowed substitutions but NO ADDITIONS on the day of the meet. It is preferred to do all substitutions prior to the start of the meet unless an injury occurs to an athlete during competition.**
6. **No Substitutions or additions are allowed at the JV/Modified meets.**
7. **Heats will not be reseeded due to a substitution.**
8. **Entry Lock will be effective after week 1 of the season.**