

WAYNE-FINGER LAKES TRACK & FIELD CHAMPIONSHIPS

MEET INFORMATION

- Date:** Friday, May 22, 2020
- Place:** Bloomfield High School
- Time:** 4:30pm
- Entries:** Only the top 32 entries in each event will be accepted for participation. You must have a mark on the leaderboard to enter. **An athlete can only be entered in 4 events.** Only one performance is needed to enter the championships except for the pentathlon where no previous performance is needed. Each school may enter 1 boy and 1 girl in the pentathlon that has not competed in that event during the season. All other pentathlon entries will be an at large bid.
- Entries will be made to www.ventiming.com Entry deadline is 7:00 pm, Sunday May 17th.**
- Scoring:** Team Scoring: 10, 8, 6, 5, 4, 3, 2, 1
- Awards:** Medals to 1st place and ribbons to 2nd – 8th place finishers in each event. League Championship Trophy to the top team. There will also be a B/G MVP Track Award and a B/G MVP Field Award presented at the end of the meet.
- Facilities:** 8 lane all weather surface with steeplechase.
Two horizontal jumping areas with all weather surface runways.
Two high jump and one pole vault areas with all weather surfaces.
Two shot put and one discus area with concrete throwing surfaces.
- Track Rules:** All spectators and non-competitors will not be permitted inside the competition areas.
- Athlete Check-In:** Athletes in all running events must check in with the clerk prior to the start of their race. Athletes in field events should report to the site of their event for check in prior to the start of competition.
- Conduct of Meet:** All running events will be conducted as finals. If more than one section is necessary, they will be run against time. Sections, lanes and flights will be seeded according to entry times or distances. Sections will be run slow to fast. A schedule of events is enclosed in this packet.

Timing: Finish Lynx timing will be utilized.

Concessions: Food and drink will be available to athletes and spectators at the concession stand.

Shirts Sales: Championship Shirts will be sold for \$15.00

Admission: \$5.00 for all spectators

Order of Events:

| | | |
|------------------------------|--------------|------------------------------|
| G/ 100M PENT HURDLES | Boys | - Long Jump then Triple Jump |
| G/ 100M HURDLES | | - Discus then Shot Put |
| B/ 110M PENT HURDLES | | - High Jump after pent. HJ |
| B/ 110M HURDLES | | - Pole Vault |
| G/ 4X800M RELAY | | |
| B/ 4X800M RELAY | Girls | - Long Jump then Triple Jump |
| G/ 100M DASH | | - Shot Put then Discus |
| B/ 100M DASH | | - High Jump after pent. HJ |
| G/ 2000M STEEPLECHASE | | - Pole Vault |
| B/ 3000M STEEPLECHASE | | |
| G/ 400M DASH | | <u>Pentathlon</u> |
| B/ 400M DASH | | 100/110 Hurdles |
| G/ 1500M RUN | | High Jump - 2 pits |
| B/ 1600M RUN | | Shot Put |
| G/ 4X100M RELAY | | Long Jump - 2 pits |
| B/ 4X100M RELAY | | 800m/1500m |
| G/ 400M HURDLES | | |
| B/ 400M HURDLES | | |
| G/ 800M RUN | | |
| B/ 800M RUN | | |
| G/ 200M DASH | | |
| B/ 200M DASH | | |
| G/ 3000M RUN | | |
| B/ 3200M RUN | | |
| G/ PENT 800M | | |
| B/ PENT 1500M | | |
| G/ 4X400M RELAY | | |
| B/ 4X400M RELAY | | |