

Meet Entry Procedures

1. All entries for Varsity and JV/Mod regular season meets are due to yentiming by 7:00pm the night before the meet.
2. Enter all relay events even if you don't have a team.
 - a. You do not need to declare names for league meets
 - b. All "A" Relay Teams will be seeded ahead of any "B" Relay teams that are entered for Varsity meets.
3. Enter all Varsity exhibition athletes online. We will declare who they are before the meet starts. Remember you only get 4 total exhibition entries.
 - a. Exhibition Athletes will be seeded according to performance but will not be allowed to score.
4. Host schools will be emailed the program and field sheets prior to their meet. Email the program to visiting coaches or have copies ready for them before the meet.
5. The Starter/Clerk needs a copy of the program. Make sure you have field event score sheets ready for the officials.
6. For Varsity Meets you will be allowed substitutions but **NO ADDITIONS** on the day of the meet. It is preferred to do all substitutions prior to the start of the meet unless an injury occurs to an athlete during competition.
7. **No Substitutions or additions are allowed at the JV/Modified meets.**
8. Heats will not be reseeded due to a substitution.
9. **Entry Lock will be effective after week 1 of the season.**